

Year 9 – Food

National Curriculum ‘Plus’

Subject: Food

Project Title: To create, evaluate and understand the benefits of a range of types of food through the exploration of Celebrity Chefs.

Key Objectives	Key Knowledge Covered:	All will be able to name key celebrity chefs and identify the role of celebrity chefs in terms of the food they promote, the cooking ‘styles’ and how they promote nutrition, healthy living and an awareness of other cultures. Pupils will make a dish each week synonymous to a celebrity chef that they can adapt if they so wish. All the dishes that pupils are making are considered medium to high level dishes at Key Stage 4.
	Key Skills Covered:	Ultimate Mac n Cheese – Jamie Oliver Cheesecake – Mary Berry Bread Making – Paul Hollywood Pastry (Profiteroles) – Gordon Ramsay Pasta Making – Gino De Campo Ultimate Chocolate Cake – Nigella Lawson.
How is this project designed so it covers and goes beyond the National Curriculum?:	The project is designed so that pupils can <ul style="list-style-type: none">• have hands-on experiences with food;• learn about and gain confidence in basic food hygiene and preparation skills;• learn about healthier eating through practical food work;• apply simple budgeting skills to food choices they make;• work independently and in small groups to develop understanding of wider needs;• become a better-informed consumer.	