



DEAN TRUST Wigan

Chief Executive: Mr Tarun Kapur CBE
Executive Headteacher: Mr James Haseldine

7th July 2021

Dear Parent / Carer

We are consulting on our Relationships and Sex Education Policy, with the consultation opening on 9th July 2021 and closing on 16th July 2021.

The Department for Education announced changes and updated the requirements of relationships and sex education (RSE) for implementation from September 2020 which all schools were required to comply with. It has been 20 years since the last review of this curriculum and the world in which we live, and how our young people interact with each other, has changed dramatically in this time.

With the challenges of lockdown, this implementation was moved to the Summer Term of this academic year and we are now consulting with you, our parents/carers, in preparation for a policy update which will be implemented this term and prepare us for curriculum delivery in September.

As a family of schools in the Dean Trust Multi-Academy Trust, we have worked together over the past 12 months to review our current RSE / PSHE curriculum offer and, in line with the DfE guidance, we have updated our programmes of study to ensure that our RSE provision is appropriate for our students based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities

We must provide the following to all students:

- Relationships education
- Health education

Our aims for this consultation are to:

- Explain the changes to requirements for RSE we are proposing for September 2021
- Explain how we currently teach RSE, and get your views on how well this curriculum works
- Get your views on what else you think our RSE curriculum should cover
- Explain how we'll develop our updated curriculum and offer support to you to discuss some key topics at home with your child.

As part of this consultation, we're also getting feedback from:

- Staff
- Students
- Governors / Trustees

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Please find a link to our RSE Consultation Form on this page and please do take the time to read the information and provide us with your feedback. The information will be available for you to access across the remainder of this academic year and following the consultation, and once we've considered all of your comments, we'll feedback our findings and update our RSE policy, which will confirm our proposed curriculum and be ratified by Trustees. As always, we thank you for your continued support and look forward to working with you and receiving your feedback

<https://forms.gle/Cx7jRxvvgSwH78ee7>

Yours Sincerely

Mrs S Webster

Deputy Headteacher

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Rationale: What is Relationship and Sex Education (RSE)?

Dean Trust Wigan agree with the DFES Sex & Relationship Education Guidance (July 2000), which states that Sex & Relationship Education is; *“lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity.”*

In addition to the above, we recognise the ever changing landscape associated with Relationships and sex education, especially the role of social media and modern technology, alongside the risks and challenges our young people now face including online pornography, sexting and staying safe online.

Aims and Objectives:

To ensure that aspects of sexual behaviour should not be dealt with in isolation nor isolated or artificially distanced from issues concerning physical and emotional relationships, family life and parenthood. It is important that students appreciate that their own sexual development carries implications of physical and moral responsibility.

To provide students with knowledge about loving relationships so that they can appreciate the value of stable family life, marriage and parenthood. Sexuality is, therefore, placed in a moral as well as physical context in order that responsible and healthy attitudes can be nurtured.

To develop positive awareness and attitudes regarding relationships via curricular input tailored to the age and understanding of students.

To provide students with knowledge about human reproduction.

To discuss sensitively such issues as contraception, abortion, H.I.V. and A.I.D.S. in a way which provides balanced factual information and acknowledges the major moral and ethical issues involved.

To provide information about sexuality and the law.

Don't assume that all students are heterosexual or that there are no trans students in the class.

To include examples and information that are relevant to LGBT young people when talking about issues such as relationships, consent and safe sex.

To explain that everyone has a sexual orientation and gender identity and that everyone is different.

To encourage all students to feel positive about themselves and their bodies.

To empower students to challenge gender stereotypes and to explain the differences between biological sex and gender.

To raise an awareness of the emotional and physical risks of becoming sexually active before they are legally and emotionally ready.

To provide accurate information on Contraception and Sexually Transmitted Infections.

To explore sexuality and impact of gender roles and expectations.

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To discuss perception and expectation of media influences on body image and potential negative impact on a young person.

To discuss the link between self-respect and self-esteem and emotional well-being.

To provide the knowledge to look for qualities in themselves that they feel should be valued by others.

To encourage students to have the confidence amongst their peers to make their own decisions.

To explore the risks and challenges a young person may face linked to modern technology, including online pornography, sexting and staying safe online.

All parents have the right to withdraw their child from all or part of the Sex and Relationship Education except for those parts included in the statutory National Curriculum (i.e. in Science lessons).

We would make alternative arrangements if parents chose to withdraw students from RSE Education in such cases. Parents are encouraged to discuss their decisions with staff at the earliest opportunity.

Main Elements of RSE

Our RSE programme aims to prepare students for an adult life in modern Britain, where they can:

Develop positive values and a moral framework that will guide their decisions, judgements and behaviour.

Have the confidence, resilience and self-esteem to value themselves and others and the skills to judge what kind of relationship they want.

Understand the consequences of their actions and behave responsibly within sexual and pastoral relationships.

Avoid being exploited or exploiting others or being pressured into unwanted or unprotected sex.

Communicate effectively by developing appropriate terminology for sex and relationship issues.

Develop awareness of their sexuality and understand human sexuality; challenge sexism and prejudice, and promote equality and diversity.

Understand the arguments for delaying sexual activity.

Understand the reasons for having protected sex.

Have sufficient information and skills to protect themselves and, where they have one, their partner from uninvited/unwanted conceptions and sexually transmitted infections including HIV.

Be aware of sources of help and acquire the skills and confidence to access confidential health advice, support and treatment if necessary.

Know how the law applies to sexual relationships.

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Dean Trust Wigan – Relationships, Sex and Health Education

Relationships and Sex Education

Criteria	Year 7	Year 8	Year 9	Year 10	Year 11
By the end of secondary school, students should know:	Families				
That there are different types of committed, stable relationships.			Year 9		
How these relationships contribute to human happiness and their importance in bringing up children.			Year 9		Year 11
What marriage is, including legal status.			Year 9		Year 11
Why marriage is an important choice for many couples and why it must be freely entered.					Year 11
The characteristics and legal status of other types of long-term relationships.					Year 11
The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.					Year 11
How to determine whether other children and adults are trustworthy; when a family, friend or intimate relationship is unsafe; and how to seek help if needed.	Year 7				
By the end of secondary school, students should know:	Respectful relationships, including friendships				
Characteristics of positive and healthy relationships (including non-sexual relationships).	Year 7				
Practical steps they can take to improve or support respectful relationships.	Year 7				
How stereotypes (based on sex, gender, race, religion, sexuality, disability) can cause damage.		Year 8			
That individuals can expect to be treated with respect and should show respect to others, including tolerance of other people's beliefs.		Year 8			
Types of bullying (including cyberbullying), the impact of bullying, how to act and get help.		Year 8			
Some types of behaviour within relationships are criminal (violence/coercion).			Year 9		Year 11
What constitutes sexual harassment/sexual violence, and why they are unacceptable.					Year 11
Legal rights/responsibilities regarding equality (Equality Act 2010).		Year 8			

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By the end of secondary school, students should know:	Online and media				
Rights/responsibilities and opportunities online, including that expectations of behaviour apply on and offline.		Year 8			
About online risks, including the potential to share material online and the difficulty in removing material once posted		Year 8			
Not to provide material to others they would not want shared further, and not to share personal material which is sent to them		Year 8			
What to do and where to get support to report material or manage online issues		Year 8			
The impact of viewing harmful content				Year 10	
Sexually explicit material presents a distorted picture of sexual behaviours presents a distorted picture of sexual behaviour, can damage self-perception, can negatively affect behaviour towards others				Year 10	
Sharing and viewing indecent images of others under 18 is a criminal offence and carries severe penalties		Year 8			
How information and data is generated, collected, shared and used online		Year 8			
By the end of secondary school, students should know:	Being safe				
The concept of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, Honour-based violence, and Female Genital Mutilation* and how these affect current/future relationships.				Year 10	
How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn.				Year 10	
By the end of secondary school, students should know:	Intimate and sexual relationships, including sexual health				
The characteristics of healthy relationships (mutual respect, consent, loyalty, trust, shared interests, sex and friendship).			Year 9		
All aspects of health (physical and emotional) can be affected by choices in sex and relationships.			Year 9		
Facts about reproductive health, including fertility and the potential impact of lifestyle on fertility (men and women).				Year 10	
Identifying and managing sexual pressure, resisting pressure and not pressuring others.			Year 9		
The choice to delay sex or to enjoy intimacy without sex.			Year 9		

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The facts about the full range of contraceptive choices, efficacy and options available.			Year 9		
Facts around pregnancy including miscarriage.					Year 11
Choices in relation to pregnancy (impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).					Year 11
How different STIs, including HIV/AIDs, are transmitted and how risk can be reduced through safer sex, and the importance of testing.					Year 11
The prevalence of some STIs, the impact they have on those who contract them and key facts about treatment.					Year 11
How the use of alcohol and drugs can lead to risky sexual behaviour.			Year 9		
How to get further advice, including how and where to access sexual and reproductive health advice and treatment.			Year 9		

*Female Genital Mutilation is also discussed in Year 7, parents will be informed of this session and additional consent will be requested.

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