

DTW Bridging the Gap – College Skills and Y11-12

Welcome to our 'Bridging the Gap' programme, which is designed to help students make a strong start at their Further Education destinations when they leave Dean Trust Wigan. We hope this will compliment the work we have done with you already to help you develop essential 'College Skills' to be successful in your next steps.

The move into college is an exciting one but is also one that demands a higher level of critical thinking and a wider range of applied skills. To help students better prepare for life as a college student, this section will be updated regularly with lectures, activities and video guides to help students acquire, develop and hone a range of essential learning skills that will ease the transition between Key Stage 4 and Key Stage 5.

WE have worked with Warmington College to use some of their research on thinking skills to prepare you for college. The activities they have provided for us below are excellent. There are also a number of VESPA activities which will help students develop the skills, attitudes and approaches that they will need to be successful in college. The VESPA system draws together current thinking from psychology, business and sport to inspire, motivate and support students ensuring they achieve their full potential. It aims to cut through the noise surrounding character development to discover common behaviours and characteristics that all students need to be successful.

The VESPA Model



“Students who are successful score highly in the following characteristics or qualities” (Oakes and Griffin)

Skill / Activity	Link to Materials
Cornell note-taking	Click Here
Making notes from a podcast / video	Click Here
VESPA Vision - Getting Dreams Done	Click Here
VESPA Effort - The Power of "If... then" Thinking	Click Here
VESPA Vision - Mental Contrasting	Click Here
VESPA Systems - Snack, Don't Binge	Click Here

As ever during the summer period if you need to get in touch with us to discuss your next steps do not hesitate to contact us via

Careers; SamanthaClegg@deantrustrosebridge.co.uk

Pastoral care; DTWOffice@DeanTrustWigan.co.uk

Please note that some of the links will require PowerPoint. If you plan to access it on a phone, you may need to download an app. There are many viewers available, for example, the Office mobile app for Android or iOS can be downloaded from Microsoft. Please [click here](#) or paste this link into your browser:

<https://www.microsoft.com/en-gb/microsoft-365/mobile>

Runshaw College have provided us with a number of on-line activities for A level students, regardless of what college you are going to to study A level. These resources give you a real preparation for the depth of the A level courses you may be studying.

[Exciting links for Year 11 students — Runshaw College](#)

Wigan and Leigh College have also provided a whole host of sampling activities for you to try over the summer.

[Wigan & Leigh College :: Transition Activities \(wigan-leigh.ac.uk\)](#)



Keeping fit and health this summer

[Junior memberships \(wigan.gov.uk\)](#)